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DAILY DEVOTION

WHEN YOU ARE HURT, YOU ARE NOT ALONE

Pastor A.S.O Olaleye

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HEBREWS 13:5 ESV 5 . . . he has said, "I will never leave you nor forsake you."

Jesus understands. He knows how it feels to be betrayed, abandoned, hated. Jesus knows what it feels like to be hurt.

He lived in a body just like you are. He was just as human as you are.

HEBREWS 4:15 ESV 15 For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin.

Some people hurt so badly that they feel it might give them some relief if others felt what they felt. Probably many people hurt others in an unconscious attempt to at least have someone understand the pain they are feeling.

But you are NEVER alone when you are feeling hurt. Jesus promised He would NEVER leave you or forsake you. He is there with you, and He understands. He is not there to condemn you, but to help you as much as you will allow Him to help you.

Too often when people are hurt they mistakenly blame God instead of realizing He did not cause their pain but is there to help them and heal their hurt. Just like a good parent is there to comfort and take care of their child, so God is with us.

Some might say, "If God really is with me, then why did this bad thing happen to me in the first place?" or "If God is with me, then why does He not just automatically fix everything and make every bad thing go away?"

We may not know all the answers to those questions, but we know there are answers. And we know that God loves us more than we can even understand because He proved it at Calvary on the cross.

So you can trust God. He loves you. He is with you now, and He will be with you tomorrow and forever.

PRAYER: No matter what I face, I will never have to face it alone, for Jesus is with me and He will make me overcome by His power and Spirit, Amen.